

lunch-in

TUESDAY 10/4/22

LEMON FENNEL CHICKEN BREAST WITH FENNEL SEED SALSA VERDE

Fennel Powder and Lemon Zest

GF, DAIRY FREE, NUT FREE, SOY FREE

FOR THE VEGETARIANS AND VEGANS

CAULIFLOWER SAUTE WITH EDAMAME AND SWEET PEPPERS

Tomatoes, Potatoes, Green Onions, and Vegan Oyster Sauce

VEGAN, GF, DAIRY FREE, NUT FREE

PERSIAN RICE

Rice with Saffron, Fenugreek, and mixed herbs like Parsley, Cilantro, Dill, and Marjoram

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

CORN AND GRILLED ZUCCHINI SALAD

Fresh Corn and sliced, grilled Zucchini tossed with fresh Basil, sautéed Onions, and Lime

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

MIXED GREENS, MELON, PICKLED RED ONION, AND BLACK OLIVE SALAD

Honey-Balsamic Vinaigrette

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

THUMBPRINT COOKIES

VEGETARIAN, NUT FREE