

lunch-in

TUESDAY 1/24/23

PARSEE RED CHICKEN CURRY

Boneless Chicken Thigh meat, Tomatoes, Red Peppers, and Spices

GF, DAIRY FREE, NUT FREE, SOY FREE

FOR THE VEGANS AND VEGETARIANS

RED CURRY WITH CHICKPEAS AND LENTILS

Tomatoes, Red Peppers, and Spices

VEGAN, GF, DAIRY FREE, NUT FREE

FRIED BROWNE RICE(INDIAN)

Onion, Bay, Cloves, and Cinnamon

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

DILL GLAZED CARROTS AND GARDEN PEAS WITH CARAMELIZED ONIONS AND SPICES

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

MIXED GREENS SALAD WITH SPICY LIME-YOGURT DRESSING

Cucumbers, Red Onion, Cilantro, Carrots, Sweet Peppers, and Fried Onions

VEGETARIAN, GF, NUT FREE, SOY FREE

CARDAMOM SNICKERDOODLES

VEGETARIAN, NUT FREE