

lunch-in

MONDAY 1/23/23

SLICED CHICKEN BREAST MARINATED WITH FENNEL, PRESERVED LEMON, AND GARLIC
GF, DAIRY FREE, NUT FREE, SOY FREE

FOR THE VEGANS AND VEGETARIANS
MUSHROOMS, FENNEL, WHITE BEANS AND CHICKPEAS
With Olive Oil, Garlic, fresh Herbs, and Lemon Zest
VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

CHEESE TORTELLINI WITH PESTO AND PARMESAN
VEGETARIAN, SOY FREE

CUCUMBER, TOMATO, AND CAULIFLOWER SALAD
Fresh Mint, Sumac, Shaved Red Onion, and Lemon
VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

MIXED GREENS SALAD
Blue Cheese, Toasted Almonds, and Dates
Red Wine- Date Vinaigrette
VEGETARIAN, GF, NUT FREE, SOY FREE

FUNFETTI COOKIES
VEGETARIAN, NUT FREE

lunch-in

TUESDAY 1/24/23

PARSEE RED CHICKEN CURRY

Boneless Chicken Thigh meat, Tomatoes, Red Peppers, and Spices

GF, DAIRY FREE, NUT FREE, SOY FREE

FOR THE VEGANS AND VEGETARIANS

RED CURRY WITH CHICKPEAS AND LENTILS

Tomatoes, Red Peppers, and Spices

VEGAN, GF, DAIRY FREE, NUT FREE

FRIED BROWNE RICE(INDIAN)

Onion, Bay, Cloves, and Cinnamon

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

DILL GLAZED CARROTS AND GARDEN PEAS WITH CAMELIZED ONIONS AND SPICES

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

MIXED GREENS SALAD WITH SPICY LIME-YOGURT DRESSING

Cucumbers, Red Onion, Cilantro, Carrots, Sweet Peppers, and Fried Onions

VEGETARIAN, GF, NUT FREE, SOY FREE

CARDAMOM SNICKERDOODLES

VEGETARIAN, NUT FREE

lunch-in

WEDNESDAY 1/25/23

CHICKEN BARBACOA SUPER BURRITOS

Succulent Chicken Thigh Meat Marinated and braised with Dried Peppers, Molasses, and Vinegar. Black Beans, Mexican Rice, and Monterey Jack Cheese

NUT FREE, SOY FREE

FOR THE VEGETARIANS

MUSHROOM AND TOFU VEGETARIAN SUPER BURRITOS BARBACOA STYLE

Braised Mushrooms and Tofu with Black Beans, Mexican Rice, and Monterey Jack Cheese

VEGETARIAN, DAIRY FREE, NUT FREE

CALABACITAS

Sauteed Zucchini, Yellow Squash, Corn, tomatoes, Jalapeño, and Seasonings

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

CORN CHIPS

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

SALSA VERDE CRUDA

Tomatillos, Cilantro, Garlic, and Serrano Chiles

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

OUR FRESH GUACAMOLE

Green Onions, Garlic, Cilantro, Jalapeño, Tomato, and lime

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

MIXED GREENS WITH MANGO AND RADISHES

Pumpkin Seeds, Queso Fresco, and a Chili-Cumin-Lime Vinaigrette

VEGETARIAN, GF, NUT FREE, SOY FREE

MEXICAN CHOCOLATE COOKIES

VEGETARIAN, NUT FREE

lunch-in

THURSDAY 1/26/23

LEXINGTON BBQ PULLED PORK SANDWICHES

Tender braised Pork Shoulder in Kentucky style BBQ Sauce with Pickles and White Bread on the side

NUT FREE, SOY FREE

FOR THE VEGETARIANS AND VEGANS

LEXINGTON BBQ BEAN, LENTIL, AND CARMELIZED ONIONS SANDWICHES

Kentucky style BBQ Sauce with Pickles and White Bread on the side

VEGAN, DAIRY FREE, SOY FREE

SWEET ONIONS AND PEPPERS

Sweet Onions and Peppers cooked slowly in Olive Oil and seasoned with Basque Chili and Vinegar

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

CAESAR SALAD

House made Croutons and shaved Parmesan

NUT FREE, SOY FREE

CHOCOLATE CHIP COOKIES

VEGETARIAN, NUT FREE

lunch-in

FRIDAY 1/27/23

HAMBURGERS WITH THE FIXINS'

All Beef Hamburgers with Cheddar Cheese
A Bun, Lettuce, Tomato, Sliced Red Onions, and Pickles

NUT FREE, SOY FREE

FOR THE VEGETARIANS

OUR VEGETARIAN BURGERS WITH THE FIXINS

Seared Chickpea, Mushroom, and Edamame Patties with Cheddar Cheese
Lettuce, Tomato, Sliced Red Onions, and Pickle Chips

VEGETARIAN, NUT FREE

ASSORTED POTATO CHIPS

VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

MEDITERRANIAN PASTA SALAD WITH SUNDRIED TOMATOES, FRESH BASIL, SWEET PEPPERS, BLACK OLIVES, AND SMOKED GOUDA

Red Wine Vinegar and Roasted-Garlic Oil Dressing

VEGETARIAN, NUT FREE, SOY FREE

ARUGULA SALAD

Arugula, Pomegranate-Balsamic Dressing, Walnuts, Pickled Onions, and Feta Cheese

VEGETARIAN, GF, SOY FREE

BROWN BUTTER CRISPY TREATS

VEGETARIAN, NUT FREE